

University of Pretoria Yearbook 2016

Sports injuries (III) 352 (EXE 352)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	15.00
Prerequisites	EXE 253
Language of tuition	Double Medium
Academic organisation	Sport and Leisure Studies
Period of presentation	Quarter 2

Module content

*Closed - requires departmental selection

This module focuses primarily on preparing the student for specialisation in biokinetics at postgraduate level. The focus is primarily on the anatomical position, symptoms and identification of the most important soft tissue injuries in sport and the use of exercise as a rehabilitation modality in the final phase of rehabilitation.

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